

# FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page  
<http://www-nehc.med.navy.mil/hp/index.htm>

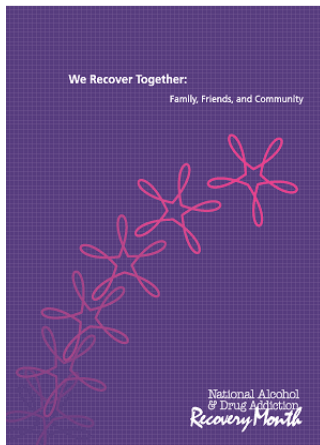
## Friday FACTS

7 September 2001

"Leadership, Partnership, and Championship"

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**National Alcohol and Drug Addiction Recovery Month will be observed during September 2001..**



The month is set aside to highlight the societal benefits, importance, and effectiveness of drug and alcohol treatment as a public health service in your community. The Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Treatment, in conjunction with its national planning partner organizations and treatment providers, has organized this year's campaign materials as a toolkit that allows you to easily tailor a community outreach program that matches your time and resources, while still helping to educate key constituent groups about the need to involve them in improving treatment in your community. The kit offers ideas and suggestions for planning and implementing a manageable campaign that conveys this year's

observance theme, *We Recover Together: Family, Friends, and Community*, which emphasizes the importance of family and community in the recovery process. For more information visit: <http://www.health.org/recoverymonth/2001/kit/index.htm>



A Tobacco Cessation Facilitator Course (Freedom From Smoke) taught by an ALA Tobacco Instructor is scheduled for the end of October (tentatively 29 Oct-01 Nov) in London, UK. For additional information on registering for this course contact <mailto:VChapa@uk.med.navy.mil>.

### Prevention Software

The Federal Government Center for Substance Abuse Prevention (CSAP) has developed a free software substance abuse prevention program! The Prevention DSS (Decision Support System) Version 2.0 is a web based interactive tool which provides specific step guidance on creating a prevention program!

The program utilizes a logic model and specific modules which address needs assessment, developing, planning, selecting, implementing, evaluating, and reporting programs as well as training and technical assistance. See the CSAP site at <http://www.preventiondss.org/>



**"And now here is my secret, a very simple secret; it is only with the heart that one can see rightly, what is essential is invisible to the eye."**

**- Antoine de Saint-Exupery**

### "Ear infections"



Seventy percent of children have at least one ear infection by age 3. More than 10 million children are treated for ear infections every year. And, more prescriptions -- over 30 million annually -- are written for antibiotics to treat these infections than for any other medical condition. Learn about signs and symptoms, and risk factors associated with reoccurring infections by visiting <http://www.mayoclinic.com/home?id=DS00303>.